

# High School Breakfast Menu October 2023

**Meal Price:**

**Paid: \$2.75**

*Adult Breakfast Meal: \$2.78+tax*

**More Info...**

**Daily Milk Offerings:** 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

**Daily Fruit Offerings:** Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

**Available Daily:**



- Fresh Baked Muffins
- Fresh Baked Donuts
- WG Cereal or WG Cereal Bars

**Please Note:** (WG) denotes whole grain, (P) denotes item may contain pork



Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.

- Grain (all grain offerings count as 2 items)
- Fruit (must pick 1)
- Milk (pick up to 1)



2

WG Pancake Bites  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



3

Chocolate Filled Crescent  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



4

Turkey Pancake Wrap  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day

5

WG French Toast Sticks  
Bagel with Cream Cheese or  
Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



6

Sausage (P) Biscuit  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



9

## No School Summer Recess



10

Chocolate Filled Crescent  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



11

Turkey Pancake Wrap  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



12

WG French Toast Sticks  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



13

Sausage (P) Biscuit  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



16

WG Pancake Bites  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



17

Chocolate Filled Crescent  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



18

Turkey Pancake Wrap  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



19

WG French Toast Sticks  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



20

Sausage (P) Biscuit  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



23

WG Pancake Bites  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



24

Chocolate Filled Crescent  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



25

Turkey Pancake Wrap  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



26

WG French Toast Sticks  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day



27

Sausage (P) Biscuit  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day

30



WG Pancake Bites  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day

31

Chocolate Filled Crescent  
Bagel with Cream Cheese  
or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel   
Fruit of the Day   
Milk of the Day

## National Apple Month



-  Indicates a fresh produce.
-  Denotes item prepared from scratch or speed scratch.

